



HELAGO-CZ, s.r.o.
Commercial Register maintained by the Regional Court in Hradec Králové
Section C, File 17879
Kladská 1082
500 03 Hradec Králové 3
Company ID: 25 96 39 61, VAT: CZ 25963961
Phone: 495 220 229, 495 220 394
Fax: 495 220 154
GSM gate: 602 123 096
E-mail: info@helago-cz.cz
Web: http://www.helago-cz.cz

Food Guidelines Kit

Order code: **4202.WA24184U**



Cena bez DPH	461,00 Eur
Price with VAT	557,81 Eur

Parameters

Quantitative unit ks

This kit features added fiber and plenty of fruits and vegetables, plus it incorporates salmon with omega 3 fatty acids. The discretionary calories are kept to a minimum in this appealing presentation containing enough food to satisfy most people. This kit includes Life/form® replicas you may not have in other kits. Use the kit by itself to help students or clients see appropriate daily intake or use these replicas with others you have collected to teach many lessons. Kit includes a total of 25 food replicas that represent breakfast, lunch, dinner, and two snacks.

Kit includes:

Breakfast:

- oatmeal
- bran muffin
- margarine
- small orange, peeled
- water
- low-fat milk

Lunch:

- apple, golden delicious
- whole grain bread, 2 slices
- American cheese slice
- Romaine lettuce, large leaf
- mayonnaise
- skim milk

- tomato slice
- turkey slice

Dinner:

- broccoli, 250 ml
- angel food cake wedge, 25 g
- French dressing, 1 tbsp.
- brown rice, 125 ml
- salmon
- tossed salad in bowl, 250 ml
- strawberries, 6 ks
- water

Snacks:

- almonds
- yogurt